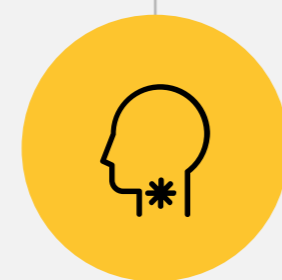
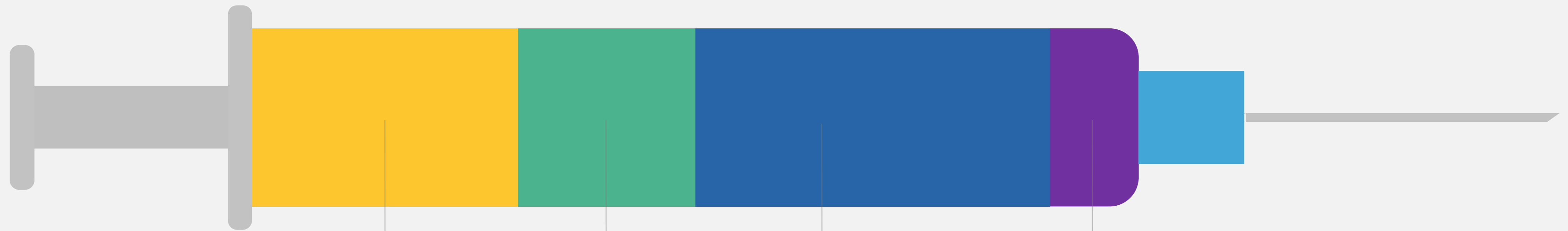


FLEX YOUR DEFENSE– GET YOUR FLU SHOT

Influenza or “the flu”, is an illness caused by seasonal influenza viruses. These viruses are spread from one person to another.

We can help you fight the flu!



Symptoms

- Sudden high fever
- Headache
- Cough or sore throat
- Muscle pain



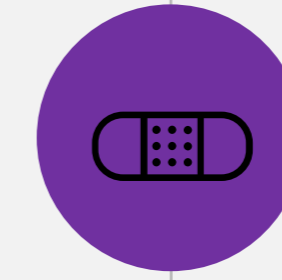
Treatment

- Cover your cough
- Wash your hands frequently
- Get plenty of rest
- Seek medical advice .



Prevention

- Getting a flu vaccine



Book now

Speak to our medical team.
Contact Oceania Hospital:
Phone : +6793220139

OR

Email : rahul.swamy@ohpl.com.fj





Flex your defense Get your flu shot 2020

NOW AVAILABLE

Contact Oceania Hospital Pte Ltd Suva or
speak to your medical practitioner

Contact us on :

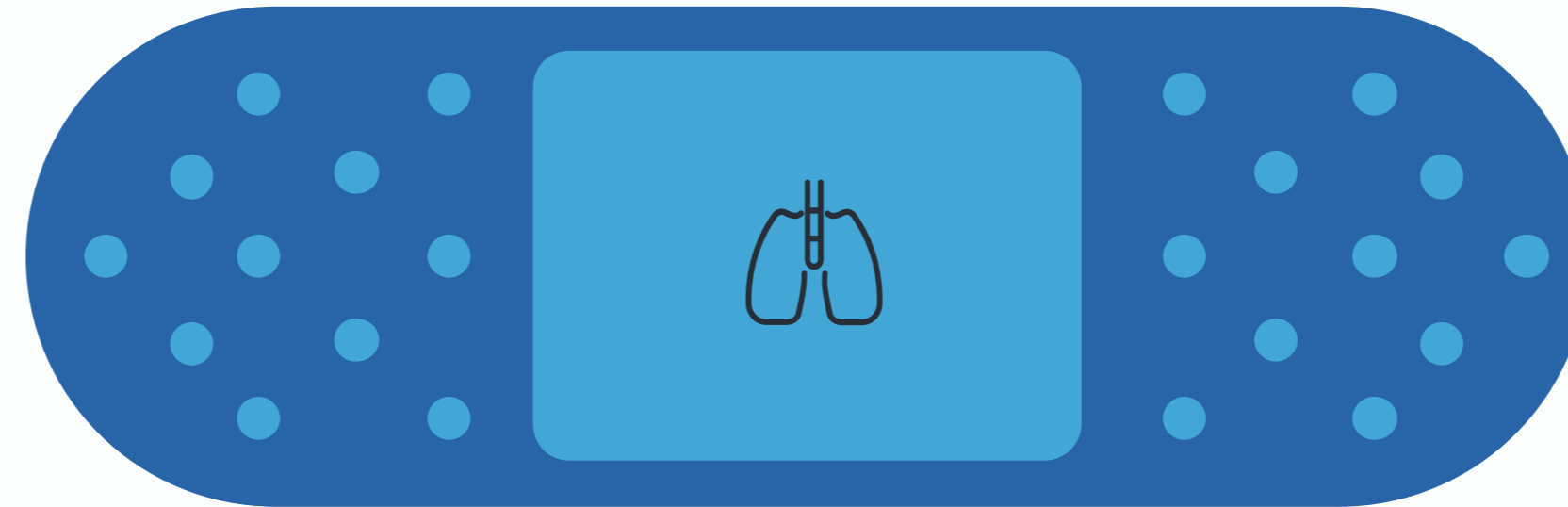
+6793220139 or 33030404 / 5404 /5405

Email : avneet.nand@ohpl.com.fj



SAFE

Pregnant
Children
Elderly



EFFECTIVE

Up to 90% protection *
(World Health Organization
& CDC)



COVERAGE

B/Phuket/3073/2013

A/South Australia /34/2019 (H3N2)

B/Washington/02/2019

A/Brisbane/02/2018 (H1N1)



AFFORDABLE

Influenza Facts

Overall, the CDC estimates that 12,000 and 61,000 deaths annually since 2010 can be blamed on the flu. Globally, the World Health Organization (WHO) estimates that the flu kills 290,000 to 650,000 people per year.



This year's flu season is shaping up to be possibly less severe than the 2017-2018 season, when 61,000 deaths were linked to the virus.



CDC estimates that influenza was associated with more than 35.5 million illnesses, more than 16.5 million medical visits, 490,600 hospitalizations, and 34,200 deaths during the 2018–2019 influenza season.



CDC estimates* that, from **October 1, 2019**, through **April 4, 2020**, there have been:

- * 39,000,000-56,000,000 flu illnesses
- * 18,000,00 – 26,000,000 flu visit
- * 410,000-740,000 flu hospitalizations
- * 24,000 -62,000 flu deaths

References :

<https://www.cdc.gov/flu/about/burden/2018-2019.html>

<https://www.cdc.gov/flu/prevent/keyfacts.htm>

<https://www.medsafe.govt.nz/profs/Datasheet/a/Afluriainj.pdf>